

TUSCARAWAS COUNTY YMCA

December Newsletter TWIN CITY MEAL PROGRAM

2020



A Message from the Staff

When I reflect back on the year 2020 I think we all feel relieved that it is coming to a close. I am sure 2020 has looked different for all of us. For some it was a chance to slow down, and take up a hobby. Some maybe even organized, and cleaned our houses. For others it was a crazy busy time trying to learn all of the "new" technology, and adjusting to working; and having school at home. For some of us it was hard to be around family 24/7 with no end in sight, while for others it was a blessing. No matter what 2020 looked like for you, we all experienced things out of our control and comfort zones.

As we look ahead to 2021 I am so eager to get back into the swing of things. For our program I pray we reach even more children in the community. I hope to strengthen our relationships with our current students and parents. Please know that you are all in my prayers. I pray over our program every day. I pray that the kids who come to our program stand out and show good sportsmanship, kindness, inclusion, respect, responsibility, and courage. My biggest hope and prayer is that the kids know they are loved, and they matter. We are a safe place. A place that accepts all. I am reminded of my favorite bible verse:

"For nothing will be impossible with God." – Luke 1:37

I hope that 2021 brings you all joy, happiness, and health. We cannot wait to see you all in January for new memories, and new beginnings.

Many Blessings,
Ms. Elizabeth

**"For I know the plans I have for you,
declares the LORD. plans to prosper you
and not to harm you, plans to give you
hope and a future."**

Jeremiah 29:11

Positive Affirmations

Nov.30th – Dec.4th

I am Courageous

I am Special

I am Loved

Dec.7th – 11th

I am Enough

I am Worthy

I am Loved

Dec.14th– 18th

I am Valuable

I am Fierce

I am Loved

Dec.21st– 25th

I am Strong

I am Smart

I am Loved

Dec.28th – 31st

I am Honest

I am Responsible

I am Loved



One of my favorite cookies to make with kids

Three ingredient Peanut Butter Cookies

- 1 cup peanut butter
- $\frac{3}{4}$ cup granulated sugar
- 1 egg

Mix the ingredients together Preheat oven to 350°F. Line two baking sheets with parchment paper.

Mix peanut butter, sugar, and egg together in a bowl using an electric mixer or spoon, until smooth and creamy. Roll mixture into small balls and arrange on a baking sheet. Flatten each with the back of a fork, making a criss-cross pattern.

Bake in the preheated oven for 10 minutes. Cool cookies on the baking sheet for 2 minutes before moving to a cooling rack for a few more minutes.

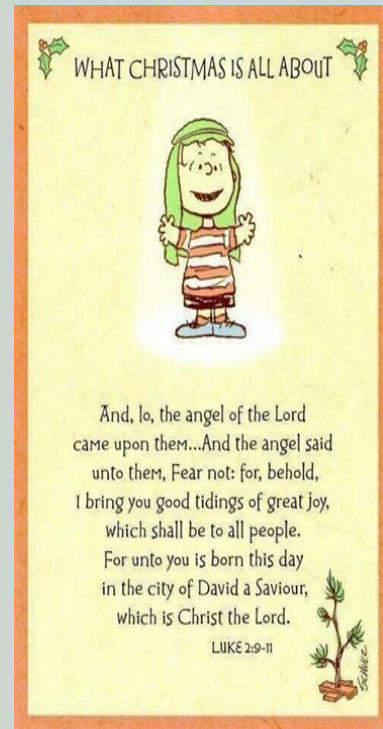
Enjoy them with your kiddos!!

Activities to Try at Home

- Read a book together
- Play a board game as a family
- Make homemade greeting cards
- Watch a movie together as a family
- Have a scavenger hunt
- Make homemade Christmas ornaments

Student Code of Conduct and Core Values

I will be respectful, I will be kind, I will be caring, I will be honest, I will follow the rules, I will do my best and if I fail I will learn from my experience and pledge to do better the next time. I will be a friend and accept the responsibility to be a helper, making the program a great place to be for all.



TUSCARAWAS COUNTY YMCA
TWIN CITY MEAL PROGRAM
Location: Park Christian Church, Dennison

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