

# Girls on the Run is for **EVERY** girl

2021 Spring Program

Tuscarawas YMCA: Grades 3-6  
Tuesday 5:30-7 p.m. Saturday 9:30-11 a.m.

Registration opens Mon. February 15, at 8 a.m.  
[www.gotreco.org/Program-Registration](http://www.gotreco.org/Program-Registration)

Registration is first-come, first-served. Team sizes are limited.

GIRLS ON THE RUN IS:



effective

**85%**  
of girls reported they  
were able to manage  
their emotions

**80%**  
exhibited increased  
confidence in their  
ability to resolve  
conflicts



GIRLS ON THE RUN IS:

meaningful



**91%** of participants said they learned  
intentional decision-making.

Programs begin the week of March 15  
(Week off for Spring Break)

Celebratory 5k - Sat., May 15  
(Location TBA)

Registration per girl is a sliding scale based on family  
income; maximum registration fee is \$150, with a \$10  
minimum. Payment plans and financial assistance based  
on income are available.

Questions? Contact a GOTRECO staff member at  
844.446.8779 or by emailing [info@gotreco.org](mailto:info@gotreco.org)

Why it matters  
IT'S FUN. IT'S EFFECTIVE

Participating in Girls on the Run transforms girls' lives by helping  
them increase their self-confidence, develop healthy relationships,  
and feel good about themselves, inside and out.