

## Tuscarawas County YMCA Pickleball Return to Play Guidelines

Days/times: Monday/Wednesday/Friday 7:30am - 9:30am

- 1. Remember to bring your own water bottle and towel. Our drinking fountains and towel service have temporarily been discontinued.
- 2. We recommend wearing a mask when walking through common areas of the building.
- 3. Wash your hands with soap and water thoroughly before and after play.
- 4. Adhere to all social distancing policies on and off the court, and avoid personal contact with others while playing. Avoid congregating off the court.
- 5. Courts will be spaced out to adhere to social distancing. Only two courts will be set up: one at the West and, and one at the East end. The middle court will not be in use.
- 6. Please consider playing singles only and avoid doubles play (on the same side of the court) unless you are playing with someone who resides with you in the same household. Doubles play is not conducive for maintaining six-foot social distancing.
- 7. <u>You must provide your own equipment at this time, including racquets and balls.</u> We strongly recommend sanitizing your equipment between games, and after leaving. The YMCA will only provide the Pickleball nets at this time.
- 8. Time slots must be reserved either online, in the Daxko app, or by calling the Front Desk. Reservations can be made up to 24 hours in advance. Time slots are an hour long, and will be capped at 10 registrants per hour.
- 9. Stay home and do not play if you:
  - a. Are exhibiting any symptoms of the Coronavirus: mild to severe respiratory illness with fever, coughing, difficulty breathing, or other symptoms identified by the CDC.
  - b. Have been in contact with someone with COVID-19 in the last 14 days.
  - c. Are a vulnerable individual with serious underlying health conditions, including high blood pressure, chronic lung disease, diabetes, asthma, or whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.

Please read these guidelines from the <u>The USA Pickleball Association</u> for more recommendations on returning to play safely.

Consider the following risk categories when playing Pickleball here.