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FOR HEALTHY LIVING  
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## GYMNASTICS INSTRUCTOR - TUSCARAWAS COUNTY YMCA

Job Title: Gymnastics Instructor  
FLSA Status: Non-exempt/Part-time  
Reports to: Gymnastics Coordinator

Date Hired: Open  
Rate: \$8.70-\$9.70 an hour  
Revision Date: 07/29/2020

### POSITION SUMMARY:

Under the direction of the gymnastics coordinator, the gymnastics instructor is responsible for providing quality instructional training / coaching to program participants. Must be able to work as a part of a staff team dedicated to providing quality programs for all persons and to meet the YMCA mission.

### ESSENTIAL FUNCTIONS include the following, other duties may be assigned:

1. Conduct fun, energizing, safe, and developmentally appropriate classes while promoting a positive atmosphere.
2. Teach and follow the appropriate gymnastics lesson plan by using progressions and stations.
3. Use correct spotting techniques to ensure the safety of all participants.
4. Demonstrate basic skills, lead warm ups, and aid gymnasts by spotting in accordance with YMCA and USAG standards for gymnastics.
5. Ensure safety by communicating and enforcing any gymnastics center rules, policies and guidelines at participants' comprehension level.
6. Adhere and be on time to all scheduled programs and classes.
7. Maintain a professional attitude and appearance.
8. Interact and communicate effectively with athletes and their parents.
9. Attend designated trainings and staff meetings.
10. Maintain a clean and safe environment, removing any hazardous obstacles and reporting unsafe conditions or equipment to supervisor.
11. Knows and administers the appropriate EAP (emergency action plan) for any situation, including first aid or CPR work-related employee injuries, etc.
12. Completes incident and accident reports as required
13. Communicates to supervisor any concerns, needed repairs, or incidents that may need follow-up.
14. Carries out other duties as assigned by the director or management staff.



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#### **YMCA COMPETENCIES (Team Leader):**

**Mission Advancement:** Models and teaches the Ys values. Ensures a high level of service with a commitment to changing lives. Provides volunteers with orientation, training, development, and recognition. Cultivates relationships to support fund-raising.

**Collaboration:** Champions inclusion activities, strategies, and initiatives. Builds relationships to create small communities. Empathetically listens and communicates for understanding when negotiating and dealing with conflict. Effectively tailors communications to the appropriate audience. Provides staff with feedback, coaching, guidance and support.

**Operational Effectiveness:** Provides others with frameworks for making decisions. Conducts prototypes to support the launching of programs and activities. Develops plans and manages best practices through engagement of team. Effectively creates and manages budgets. Holds staff accountable for high-quality results using a formal process to measure progress.

**Personal Growth:** Shares new insights. Facilitates change; models adaptability and an awareness of the impact of change. Utilizes non-threatening methods to address sensitive issues and inappropriate behavior or performance. Has the functional and technical knowledge and skills required to perform well; uses best practices and demonstrates up-to-date knowledge and skills in technology.

#### **QUALIFICATIONS:**

- Minimum 16 years of age
- Previous gymnastics experience required
- USAG Safety Certification of YUSA Gymnastics Instructor certification or equivalent a plus
- Passion for and experience in training youth
- Ability to relate effectively to diverse groups of people from all social and economic segments of the community.
- CPR, First Aid, AED and certifications within 90 days of hire

#### **PHYSICAL DEMANDS**

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The employee is regularly required to stand, walk, and move briskly for long periods of time, to talk and hear, to lift and or move up to 50 pounds, to provide gymnastics spotting for up to 175 pounds, climb or balance, to stoop, kneel, crouch, or crawl, occasional bending or squatting. The incumbent is required to use hands to finger, handle, or feel objects, tools, or controls. Specific vision abilities required by this position include close vision, distance vision, color vision, peripheral vision, depth perception, and the ability adjust focus. Also required is frequent hearing and talking. The noise level is normal to loud in an active YMCA program environment.

**Resumes accepted until August 14, 2020.** Email to: [zita@tuscymca.org](mailto:zita@tuscymca.org)

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