



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LARGE POOL SCHEDULE

## TUSCARAWAS COUNTY YMCA

Large Pool Schedule  
Jan. 7<sup>th</sup> – Feb. 23<sup>rd</sup>  
2019

**Schedule is subject**

**to change.** Please check "Pool Info" board for changes. **SWIM**

**MEETS** will be posted here. Please be advised there will be

**All pool areas are closed** when meets are scheduled.

**Children under the age of 6 and those requiring use of floatation** are required to have an adult in the water with them.

**Directions for Lap Swimming**

Lap swimmers will be expected to share the lanes. If there are 1 or 2 swimmers, they may split the lane and swim side-by-side. The entrance of a 3<sup>rd</sup> swimmer changes the lane to the "circle" swimming format. Please try to swim with those who most nearly match your speed.

**Which locker room should I use?**

*Here are some tips: Family/Special Needs Locker Room is used if you bring a small child of the opposite gender or are an adult with a special need. Youth Locker Rooms are to be used by youth and their helper of the same gender. Adult Locker Rooms are for those 18 years and above and out of high school. Baby changing stations are located in the Family Locker Room. Please lock up your valuables and remove your lock at the end of the day. Lockers are available for rental. Please stop at the Member Service Center for more information. Pools Close 15 min. prior to building closing. Please allow enough time.*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00A-6:30A Adult Swim & H.S. Team	5:00A-6:30A Adult Swim & H.S. Team	5:00A-6:30A Adult Swim & H.S. Team	5:00A-6:30A Adult Swim & H.S. Team	5:00A-6:30A Adult Swim & H.S. Team	5:00A-6:30A Adult Swim & H.S. Team	
	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	
	9:00A-11:30A Aerobics and Lap Swim	9:00A-9:45A Aerobics and Lap Swim	9:00A-11:30A Aerobics and Lap Swim	9:00A-9:45A Aerobics and Lap Swim	9:00A-11:30A Aerobics and Lap Swim	9:00A-11:45A Programs NO LAP LANES	
		9:45A-11:30A Adult Swim		9:45A-11:30A Adult Swim			
	11:30A-12:00P All Swim	11:30A-12:00P All Swim	11:30A-12:00P All Swim	11:30A-12:00P All Swim	11:30A-12:00P All Swim		
	12:00P-1:45P Adult Swim	12:00P-1:45P Adult Swim	12:00P-1:45P Adult Swim	12:00P-1:00P Adult Swim	12:00P-1:45P Adult Swim	11:45A-5:45P All Swim	1PM-5:45 All Swim
	1:45P-3:00P All Swim		1:45P-3:00P All Swim	1:00P-1:45P Programs NO LANES	1:45P-3:00P All Swim		
	3:00P-6:00P Swim Team NO LAP LANES	1:45P-3:00P All Swim	<b>PLEASE CHECK MEET SCHEDULE</b>	1:45P-3:00P All Swim		<b>PLEASE CHECK MEET SCHEDULE</b>	
	6:10P-7:00P Swim Team 3 LANES OPEN	3:00P-6:00P Swim Team NO LAP LANES	3:00P-6:00P Swim Team NO LAP LANES	3:00P-6:00P Swim Team NO LAP LANES	3:00P-6:00P Swim Team NO LAP LANES		
	7:00P-7:45P Programs NO LAP LANES	6:10P-7:45P Programs NO LAP LANES	6:00P-7:00P Swim Team 3 LANES OPEN	6:10P-7:45P Programs NO LAP LANES			
	7:45P-9:45P All Swim & LG Class	7:45P-9:45P All Swim	7:00P-9:45P All Swim & LG Class	7:45P-9:45P All Swim	6:00P-9:45P All Swim		

**TUSCARAWAS COUNTY YMCA**

600 Monroe Street, Dover Ohio 44622

Phone 330-364-5511 Fax 330-364-6291 Web www.tuscymca.org



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# SMALL POOL SCHEDULE

## TUSCARAWAS COUNTY YMCA

**Small Pool Schedule**  
Jan 7<sup>th</sup> – Feb 23<sup>rd</sup>  
2019

**Schedule is subject to change**

### Adult & Family Swim

During this time, an adult, parent or guardian must accompany any person younger than 18 years old into the water.

### Classes

We ask that when a class is taking place that those not participating do not try to enter the water. This time is reserved for class participants only.

### Swim Diapers

Those children not yet potty trained are required to wear a swim diaper. Regular diapers are not permitted.

### No Lifeguard on Duty

The lifeguard will be located in the large pool area if you should need assistance.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00A-8:15A Adult Swim Members Only	5:00A-9:00A Adult Swim Members Only	5:00A-8:15A Adult Swim Members Only	5:00A-9:00A Adult Swim Members Only	5:00A-8:15A Adult Swim Members Only	5:00A-9:00A Adult Swim Members Only	
	8:15A-12:15P Twinges	9:00A-9:45A Twinges  9:45A-10:30A Adult Swim	8:15A-12:15P Twinges	9:00A-9:45A Twinges	8:15A-10:00A Twinges	9:00-9:45 Twinges	
		10:30A-12:15P Lessons		10:00A-11:15P Lessons	10:00A-12:15P Lessons	9:45A-12:15P Lessons	
	12:15P-1:45P Adult Swim	12:15P-1:00P Adult Swim	12:15P-1:00P Adult Swim	11:15P-1:00P Adult Swim	12:15P -1:45P Adult Swim	12:15P-5:45P Adult & Family Swim	
		1:00P-2:45P Aqua Fit	1:00P-1:45P Lessons	1:00P-2:45P Aqua Fit			1:00P-5:45P Adult and Family Swim
	1:45P-4:45P Adult and Family Swim	2:45P-4:30P Adult and Family Swim	1:45P-9:45P Adult and Family Swim	2:45P-4:45P Adult and Family Swim	1:45P-9:45P Adult and Family Swim		
	4:45P-7:00P Lessons	4:30P-8:00P Lessons & Yoga	<b>PLEASE CHECK MEET SCHEDULE</b>	4:45P-7:00P Lessons		<b>PLEASE CHECK MEET SCHEDULE</b>	
	7:00P-9:45P Adult and Family Swim	8:00P-9:45P Adult and Family Swim		7:00P-9:45P Adult and Family Swim			

### Which locker room should I use?

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