



Gym Schedule Spring II 2019

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Updated: 4/9/19 Subject to change		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NOTICE: The Gym and both Racquetball courts will close at 9:45am on April 27th for Healthy Kids Day	5:00am							
	6:00am	Adult Basketball 5a-8a	Adult Basketball 5a-9a	Adult Basketball 5a-9a	Adult Basketball 5a-8a	Adult Basketball 5a-9a		
General Info: 1. Basketballs are checked out from the front desk. Please return when done. 2. Please watch for specifications on East/West, and use the proper side. 3. Staff may direct full court games to move to a side court, or end completely at their discretion when the basketball courts are busy and/or at peak usage. Please be courteous and share the gym with your fellow members. 4. Pickle Ball is open for all to play. Age Definitions: Youth: Grade 8 and below. High School: Grades 9 - 12 Adult: Age 18 and over and out of high school. Open: All ages	7:00am						Adult Basketball 5a-12p	
	8:00am	Pickle Ball 8a-10a			Pickle Ball 8a-10a			
	9:00am		Preschool 9a-10a	Preschool 9a-10a		Preschool 9a-10a		
	10:00am	Silver Sneakers 10a-11:30a	Open Gym 10a-12p	Silver Sneakers 10a-11:30a	Open Gym 10a-12p	Silver Sneakers 10a-11:30a		
	11:00am	Open Gym 11:30a-12p		Open Gym 11:30a-12p		Open Gym 11:30a-12p		
	12:00pm	Adult Basketball 12p-2p	Adult Basketball 12p-2p	Adult Basketball 12p-2p	Adult Basketball 12p-2p	Adult Basketball 12p-2p		Open Gym 1p-6p
	1:00pm							
	2:00pm	High School 2p-4p	High School 2p-4p	High School 2p-4p	Homeschool Gym Class 2p-3p	High School 2p-4p		
	3:00pm				High School 3p - 4:30p			
	4:00pm	Youth 4p-6p	Youth 4p-6p	Youth 4p-6p	Youth 4:30p - 6p	Youth 4p-6p		
	5:00pm							
	6:00pm	Open Gym 6p-8p	Open Gym 6p-10p	Open Gym 6p-10p	Open Gym 6p - 10p	Open Gym 6p-10p	Open Gym 12p - 6p	
	7:00pm							
	8:00pm	Adult Basketball 8p-10p						
	9:00pm							
	10:00pm							
	Building Closes at 10pm	Building Closes at 10pm	Building Closes at 10pm	Building Closes at 10pm	Building Closes at 10pm	Building Closes at 6pm	Building Closes at 6pm	