



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WE ARE CALLED TO SERVE!

DID YOU KNOW? The YMCA has empowered people to be a positive force for social change since its founding in London in 1844. Today, there is a YMCA presence in 119 countries. Although Ys around the globe respond differently to the unique needs of their communities, all Ys are focused on empowering young people to thrive and reach their full potential!

On June 8, 2019 YMCAs around the world are celebrating the YMCA's 175th birthday with a day of action! In honor of this special occasion, YMCAs will invite members, program participants, partners and neighbors to volunteer 175 minutes of their time to improve their community.

The Tuscarawas County YMCA invites you to participate! Join the 175th anniversary celebration by giving back to our community!

How can you help?...Go out and DO GOOD! Think outside the box. Lend a hand to a neighbor. Dedicate as much time as you can to helping others.

Stop by the Member Service Desk and pick up your ACTION Sheet. Jot down what you did and turn it back in to us. **Your Goal:** 175 minutes (2 hours and 55 min) but we love over achievers...**earn a Y shirt if you reach 300 min of service** between June 2-June 8.

Action Sheets will be available on May 28 at the Member Service Center.

For more information about the 175th Birthday of the Y click here <http://www.ymca.net/volunteer175>

Here are a few volunteer options for the week of June 2-8 at our location that can be used to help earn your minutes.

- Pool Cleaning | Contact Stacy@tuscymca.org.
- Aerobics Room Reorganization | Contact Kathleen@tuscymca.org
- Youth Sports Field Cleanup | Contact Zita@tuscymca.org
- Facility Cleaning | Contact Bruce@tuscymca.org

TUSCARAWAS COUNTY YMCA 600 MONROE STREET, DOVER OHIO 44622 330-364-5511 WWW.TUSCYMCA.ORG

Me time?

the Y FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

WHAT COULD YOU DO WITH 175 MINUTES?

VOLUNTEER 175
YMCA World Challenge | June

On June 8, join us as we celebrate the Y's 175th birthday by giving back to our community.

We time?

EVERYBODY CAN BE GREAT. BECAUSE ANYBODY CAN SERVE.

Martin Luther King Jr.

VOLUNTEER 175
YMCA World Challenge | June 8

Join us for a day of service and celebration.

ACTION SHEET

WE ARE CALLED TO SERVE

HAPPY 175TH BIRTHDAY TO THE YMCA!



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Celebrating
175 years of
strengthening
communities
at the Y

Learn more: ymca.net

MY VOLUNTEER MINUTES

MY ACTIONS

5	10	15	20	25	30	35	
40	45	50	55	1HR	65	70	
75	80	85	90	95	100	105	
110	115	2HR	125	130	135	140	
145	150	155	160	165	170	GOAL 175	
BONUS MINUTES TO EARN MY SHIRT							
185	190	195	200	225	250	300	

June 2–June 8

Name _____ Shirt Size _____

Return to Member Service Center by June 12—Shirts will be ordered on June 13.

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