



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LARGE POOL SCHEDULE

TUSCARAWAS COUNTY YMCA

Large Pool Schedule
–Jan. 2nd – Feb. 19th

Schedule is subject to change. Please check "Pool Info" board for changes. **SWIM MEETS** will be posted here. Please be advised there will be **NO OPEN SWIM** in large pool when meets are scheduled.

Children under the age of 6 and those requiring use of floatation are required to have an adult in the water with them.

Directions for Lap Swimming

Lap swimmers will be expected to share the lanes. If there are 1 or 2 swimmers, they may split the lane and swim side-by-side. The entrance of a 3rd swimmer changes the lane to the "circle" swimming format. Please try to choose a lane with swimmers that most nearly match your speed.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30A-6:30A Adult Swim in 4 lanes & HS in 2 lanes	5:30A-6:30A Adult Swim in 4 lanes & HS in 2 lanes	5:30A-6:30A Adult Swim in 4 lanes & HS in 2 lanes	5:30A-6:30A Adult Swim in 4 lanes & HS in 2 lanes	5:30A-6:30A Adult Swim in 4 lanes & HS in 2 lanes	5:30A-6:30A Adult Swim in 4 lanes & HS in 2 lanes	
	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	6:30A-9:00A Members' Adult Swim	
	9:00A-11:30A Aerobics and Lap Swim	9:00A-9:45A Aerobics and Lap Swim	9:00A-11:30A Aerobics and Lap Swim	9:00A-9:45A Aerobics and Lap Swim	9:00A-11:30A Aerobics and Lap Swim	9:00A-9:45A Programs & 3 Lap Lanes	
		9:45A-11:15A Adult Swim		9:45A-11:15A Adult Swim		9:45A-12:15P Lessons & 2 Lap Lanes	
	11:30A-12:00P All Swim	11:15A-12:00P All Swim	11:30A-12:00P All Swim	11:15A-12:00P All Swim	11:30A-12:00P All Swim		
	12:00P-1:45P Adult Swim	12:00P-1:45P Adult Swim	12:00P-1:00P Adult Swim	12:00P-1:00P Adult Swim	12:00P-2:30P Adult Swim	12:15P-1:00P Adult Swim	1:00P-4:00P All Swim
		1:45P-2:30P Programs & Adult Swim	1:00P-1:45P Lessons and Adult Swim	1:00P-2:30P Programs & 1 Lap Lane		1:00P-5:45P All Swim	4:00P-5:45P Programs & Lap Swim
	1:45P-3:00P All Swim	2:30P-3:00P All Swim	1:45P-3:00P All Swim	2:30P-3:00P All Swim	2:30P-3:00P All Swim		
	3:00P-6:00P Swim Team NO LAP LANES	3:00P-6:00P Swim Team NO LAP LANES	3:00P-6:00P Swim Team NO LAP LANES	3:00P-6:00P Swim Team NO LAP LANES	3:00P-6:00P Swim Team NO LAP LANES		
	6:10P-7:45P Programs NO LAP LANES	6:10P-7:45P Programs NO LAP LANES	6:00P-7:00P All Swim	6:10P-7:45P Programs NO LAP LANES	6:00P-9:45P All Swim		
	7:45P-9:45P All Swim & LG Class	7:45P-9:45P All Swim	7:45P-9:45P All Swim	7:00P-9:45P All Swim & LG Class			

Which locker room should I use?

Here are some tips: Family/Special Needs Locker Room is used if you bring a small child of the opposite gender or are an adult with a special need. Youth Locker Rooms are to be used by youth and their helper of the same gender. Adult Locker Rooms are for those 18 years and above and out of high school. Baby changing stations are located in the Family Locker Room. Please lock up your valuables and remove your lock at the end of the day. Lockers are available for rental. Please stop at the Member Service Center for more information. **Pools Close 15 min. prior to building closing. Please allow enough time.**

TUSCARAWAS COUNTY YMCA

600 Monroe Street, Dover Ohio 44622

Phone 330-364-5511 Fax 330-364-6291 Web www.tuscymca.org



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SMALL POOL SCHEDULE

TUSCARAWAS COUNTY YMCA

Small Pool Schedule
Jan 2nd – Feb 19th

Schedule is subject
to change

Adult & Family Swim

During this time, an adult, parent or guardian must accompany any person younger than 18 years old into the water.

Classes

We ask that when a class is taking place that those not participating do not try to enter the water. This time is reserved for class participants only.

Swim Diapers

Those children not yet potty trained are required to wear a swim diaper. Regular diapers are not permitted.

No Lifeguard on Duty

The lifeguard will be located in the large pool area if you should need assistance.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30A-8:15A Adult Swim Members Only	5:30A-9:00A Adult Swim Members Only	5:30A-8:15A Adult Swim Members Only	5:30A-9:00A Adult Swim Members Only	5:30A-8:15A Adult Swim Members Only	5:30A-9:00A Adult Swim Members Only	
	8:15A-12:15P Twinges	9:00A-9:45A Twinges 9:45A-11:15A Adult Swim	8:15A-12:15P Twinges	9:00A-9:45A Twinges	8:15A-10:00A Twinges	9:00-9:45 Twinges	
		11:15A-12:15P Lessons		9:45A-11:15P Lessons	10:00A-12:15P Lessons	9:45A-12:15P Lessons	
	12:15P-1:00P Adult Swim	12:15P-1:00P Adult Swim	12:15P-1:00P Adult Swim	11:15P-1:00P Adult Swim	12:15P-1:15P Lessons (last day: Jan 27th, then Adult swim)	12:15P-5:45P Adult and Family Swim	
	1:00P-1:45P Lessons	1:00P-2:00P Lessons	1:00P-1:45P Lessons	1:00P-2:00P Lessons	1:15P -1:45P Adult Swim		1:00P-5:45P Adult and Family Swim
	1:45P-5:15P Adult and Family Swim	2:00P-2:45P Aqua Fit 2:45P-4:30P Adult and Family Swim	1:45P-9:45P Adult and Family Swim PLEASE CHECK MEET SCHEDULE	2:00P-2:45P Aqua Fit 2:45P-4:45P Adult and Family Swim	1:45P-9:45P Adult and Family Swim PLEASE CHECK MEET SCHEDULE	PLEASE CHECK MEET SCHEDULE	
	5:15P-7:00P Lessons	4:30P-7:00P Lessons		4:45P-7:00P Lessons			
	7:00P-9:45P Adult and Family Swim	7:00P-9:45P Adult and Family Swim		7:00P-9:45P Adult and Family Swim			

Which locker room should I use?

Here are some tips: Family/Special Needs Locker Room is used if you bring a small child of the opposite gender or are an adult with a special need. Youth Locker Rooms are to be used by youth and their helper of the same gender. Adult Locker Rooms are for those 18 years and above and out of high school. Baby changing stations are located in the Family Locker Room. Please lock up your valuables and remove your lock at the end of the day. Lockers are available for rental. Please stop at the Member Service Center for more information. Pools Close 15 min. prior to building closing. Please allow enough time.

TUSCARAWAS COUNTY YMCA

600 Monroe Street, Dover Ohio 44622

Phone 330-364-5511 Fax 330-364-6291 Web www.tuscymca.org